

# 2017

# ACTIVE OLDER ADULTS CAMP

Sunday, August 27 - Thursday, August 31



P.O. Box 648  
Granby, CO 80446-0648  
Phone #: 970-887-2648  
FAX #: 303-648-5949  
Website: [www.campchiefouray.org](http://www.campchiefouray.org)  
E-mail: [chiefouray@ymcarockies.org](mailto:chiefouray@ymcarockies.org)

## **PAYMENT POLICY:**

Your final payment and paperwork are due 30 days prior to camp. Please make your check or money order payable to Camp Chief Ouray. Call the camp office to pay with a credit card. Your camp fee includes your lodge room, meals, camp activities and an AOA shirt.

## **REFUND POLICY:**

If you should need to cancel your reservation, please contact the office as soon as possible. The \$100.00 deposit is non-refundable. We will refund 75% of your balance paid if you cancel your reservation prior to 30 days before camp.

## **MANDATORY CAMP FORMS:**

1. Assumption of Risk/Waiver of Liability
2. Physician's Exam

You must have been seen by a physician, physician's assistant or nurse practitioner within 12 months of your stay with us. If you already had a physical within this time frame, you may submit a copy of that exam (must include examiner's signature and date).

Mail (keep a copy), fax or email these completed forms to the camp office at least 30 days prior to your arrival.

### **FIRST DAY OF CAMP:**

Check-in at camp on Sunday no earlier than 2:00 p.m. and no later than 4:30 p.m. Please go to the main Camp Chief Ouray dining hall building at the rear of Snow Mountain Ranch for check-in. Do not unload your luggage at this time. This is just the check-in location.

Your check-in day will go as follows:

1. Check-in
2. Health screening
3. Receive room keys (usually by 4:00 p.m.)
4. Locate room and unload luggage
5. Introduction of staff and general orientation
6. Dinner
7. Ice breaker activity

### **MEALS:**

Three nutritious meals are served daily in the camp dining hall. Snacks are also provided.

### **HEALTH CARE:**

We have a well-equipped Health Center on camp with a resident nurse in charge of first-aid needs. Middle Park Medical Center is 15 minutes away from camp. It offers 24 hour care and consultation. Staff is First Aid/CPR trained in case of minor needs.

### **ACTIVITIES (possible):**

- Archery & Riflery
- Hiking
- Arts & Crafts
- Tie Dye
- Dance & Music
- Low Ropes Course
- Canoeing
- Exercise classes
- Climbing Wall
- Theme nights
- Flag raising and lowering
- Vespers
- Horseback rides are available at Snow Mountain Ranch through Sombrero Stables 970-887-1999 (additional fee)
- Rafting trip on the Colorado River (additional fee)
- High Ropes Course with Zip Line (additional fee)

### **PACKING LIST:**

Small backpack/daypack

Water bottles

Jeans, slacks, sweatpants

Sweatshirts/fleece

T-shirts

Exercise clothes

Shorts

Sleepwear

Bathing suit(s)

Tennis shoes (aerobic), Hiking shoes, Flip-flops (for pool)

Winter coat, hat and gloves

Raincoat or poncho  
Shade hat, sunglasses & sunscreen  
Toiletries

Optional:

Robe/slippers  
Golf stuff (4 courses nearby)  
Tennis equipment (courts on grounds)  
Cards, games, books  
Camera/binoculars  
Flashlight  
Boots if you plan to horseback ride  
Musical instruments (for sing a-longs)  
Name tag (if you are a returning camper)

*Remember, our days are generally warm and sunny, averaging 75 to 85 degrees with occasional rain showers. Our nights are cool and crisp with temperatures around 25 to 45 degrees.*

Please do not bring

\*alcohol \*tobacco \*drugs \*weapons \*pets \*power tools \*accelerants

**T-SHIRT:**

Make sure you put your t-shirt size on your registration. Because shirts must be ordered 30 days prior to camp, if you omitted this information or register late you will have to choose from the sizes we have on hand.

**FACILITY:**

We are located in the heart of the Rockies at 8,750 feet elevation. Our mountain scenery is spectacular and our weather unpredictable! Summertime weather generally offers temperatures of 75 to 80°F with occasional afternoon showers and cool, crisp evenings with temperatures of 25 to 45°F. Our weather conditions can change quickly. Be prepared!

Camp Chief Ouray is located on the 5,100 acre Snow Mountain Ranch, YMCA of the Rockies. Your activities will take place in several different buildings and areas on the ranch. You may use the indoor pool, summer tubing hill, roller skating rink, craft shop, hiking and mountain biking trails, tennis and volleyball courts.

There is a coin-operated laundry next to the swimming pool for your use as a guest. There is also a gift shop and grille/grocery located in the Administration Building.

We are located between the towns of Winter Park and Granby. Both towns have medical, pharmacy, grocery, and post office facilities. We are 25 miles from the scenic village of Grand Lake and Rocky Mountain National Park.

**LODGING:**

All Active Older Adult campers will reside in one of Snow Mountain Ranch's lodges. Some of the lodge rooms may require climbing some steps. **Please make sure to indicate whether you can or cannot climb stairs on your registration form.** All rooms have 2 queen size beds, a mini refrigerator and microwave. Each room will include a closet area and a full bath containing a mirror, sink, toilet and shower. These rooms are carpeted and heated. Housekeeping supplies linens, towels, and bedding. We do assign rooms prior to your arrival. Your roommate assignments are based on the information you provide on your registration form and will only be changed due to medical reasons.

Married couples are roomed together. Rates are based on double occupancy. You may request a private room (single occupancy) for an additional charge.

The lodge is just far enough away from camp that you may consider driving to and from camp. Some activities at Snow Mountain Ranch such as canoeing, summer tubing, horseback riding are too far to walk.

### **DIRECTIONS:**

Camp is approximately 80 miles or 1.5 hours northwest of Denver, Colorado.

**\*Please note that using our physical address for GPS locaters or web tools like MapQuest may not give you the most accurate directions.**

### **Directions to Camp Chief Ouray from Denver:**

Take I-70 West to Exit 232 (road signs will read Winter Park, Granby Ranch, Granby, Rocky Mountain National Park). Take exit 232 onto Highway 40 over Berthoud Pass. After Berthoud Pass, continue driving west on Highway 40 through Winter Park, Fraser and Tabernash. Four miles west of Tabernash turn left off of Highway 40 into the YMCA Snow Mountain Ranch property. Proceed 2 miles to the rear of the ranch grounds and turn right at the Camp Chief Ouray sign. This road will lead you to the center of camp!

### **Directions to Camp Chief Ouray from Boulder: (3 options)**

- 1.)** Take either Highway 36 east from Boulder to I-70 West in Denver and follow the above mentioned directions
- 2.)** Take Highway 93 from Boulder to Golden. At the stoplight in Golden at Junction 6 turn right onto Highway 6 West; stay on Highway 6 to I-70 West; follow remaining directions from above.
- 3.)** (Summer only) The scenic way! Go through Estes Park and access Trail Ridge Road (Highway 34) through Rocky Mountain National Park. Stay on Highway 34 when you exit the Park until you reach the Highway 40 junction sign about 18 miles from Park exit. Turn left or east onto Highway 40 through the town of Granby. Proceed approximately eight miles and turn right onto Snow Mountain Ranch property; follow the remaining instructions from above once on Snow Mountain Ranch grounds. (Plan on a 2-2.5 hour drive from the Front Range area taking Trail Ridge Road)

### **ALTERNATIVE TRANSPORTATION:**

If you are flying into Denver, consider renting a car due to the size and high altitude of the property.

If you don't want to drive up the mountain pass, we recommend a local transportation service that shuttles from Denver International Airport:

Home James Transportation Services

800-359-7503

[info@ridehj.com](mailto:info@ridehj.com)

P.O. Box 279

Winter Park, CO 80482

### **LAST DAY OF CAMP:**

Check-out is Thursday morning. You must have your gear out of the rooms by 10:00 a.m. Lunch will be the last meal served.