

Menus Week 1, 4, 7	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>BREAKFAST</b>	Sleepover Breakfast	Breakfast Burrito Veg.-Spinach Frittata Veg. Green Chili	Cheese omelet Sausage link Veggie sausage Blueberry muffin	Breakfast Sandwich -Egg patty, ham, cheese, English muffin	Waffles Little Smokies	Scrambled egg Sausage/veg sausage	Stuffed French Toast Bacon Veggie sausage Cinnamon roll	
		Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	
		Cereal	Cereal	Cereal	Cereal	Cereal	Cereal	
		SNACK						
<b>LUNCH</b>	Sleepover Lunch	Tomato Soup Grilled Cheese Green beans	Beef taco Veg taco Corn & black beans	Diced Ham Mac and cheese Peas	All Camp Sack Lunch	Chicken Tenders (GF) Veg.- Stuffed pepper Cole Slaw	Sleepover Lunch	
		Salad bar	Salad bar	Salad bar		Salad bar		
		Deli bar	Deli bar	Deli bar		Deli bar		
		SNACK						
<b>DINNER</b>	Skillet Lasagna Veg Lasagna California blend	Chicken & Rice casserole Au gratin Potatoes Broccoli	All Camp Campout Dinner Challenger Night Dinner	Sweet & Sour Chicken Stir Fried Tofu White rice Veg egg roll	BBQ Beef Dinner Mini Baked Potato Veg Blend Veg-Baked Ravioli	Chicken alfredo pasta Vege pasta Broccoli Garlic Bread	Sleepover Dinner	
		Ice Cream/Sherbet	Brownies	S'mores	Fortune cookie	Popsicle		Cookie
		Salad bar	Salad bar		Salad bar	Salad bar		Salad bar
		Deli bar	Deli bar		Deli bar	Deli bar		Deli bar