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FOR HEALTHY LIVING  
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# CAMP CHIEF OURAY OVERNIGHT CAMP PARENT HANDBOOK



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## **IMPORTANT HIGHLIGHTS IN THE 2022 OVERNIGHT CAMP PARENT HANDBOOK**

1. **To reduce touch points, please do not mail or bring packages to camp.** For more information on COVID-19 related changes visit our COVID-19 and CCO webpage at: <https://campchiefouray.org/covid-and-cco/>
2. **Refund Policy** – As we look into summer 2022, we realize that the guidance from the State Department of Health is not set for 2022. We want to give you peace of mind that we will work with our families during these times.
3. All medication and homeopathic treatments **MUST** be in **ORIGINAL CONTAINERS**. Homeopathic treatments **MUST** also be accompanied by parental consent and a Physicians note giving permission to administer per Colorado State Law.
4. **Packing List** – one face mask for **each day** of camp session, must be at least a two-layer face mask that covers the nose, mouth, and chin
5. **COVID Vaccinations** - Camp Chief Ouray is committed to protecting the health and safety of our campers and staff and continues to closely follow both state and local guidelines related to COVID-19 protocols and vaccines. **CCO will continue to monitor the potential for vaccine requirements for campers.** Should we move forward with requiring vaccination, CCO will work with families who do not feel comfortable vaccinating their camper to issue a full refund. Thank you for working with us to keep our campers and staff members healthy.

## **WELCOME TO CAMP CHIEF OURAY**

Camp Chief Ouray (CCO), established in 1908, has grown to be a premiere overnight camping option for youth from all over the United States and the World. We are committed to developing five core values in everything we do: Caring, Honesty, Respect, Responsibility and Faith. CCO is a part of the YMCA of the Rockies, located at Snow Mountain Ranch in Granby, CO (elevation of 8,750 feet). YMCA of the Rockies is a non-profit organization managed by a volunteer Board of Directors.

### **Mission Statement**

YMCA of the Rockies puts Christian principles into practice through programs, staff and facilities in an environment that builds healthy spirit, mind and body for all.

### **Goals of Camp Chief Ouray**

Our goal is to offer challenging experiences to build leaders through life-long skill development in a safe, imaginative, natural setting. We instill confidence through independence and interpersonal skills. We challenge our campers to discover their true selves.

### **Diversity, Inclusion, and Global Innovation Statement**

The YMCA of the Rockies will reach out to and welcome all people and organizations of good will and ensure that the rich gifts of diversity are reflected and respected at all levels.

### **Our Commitment to All People**

We will serve a diverse population, inclusive of all people of good will. Reflecting our Christian Mission, we will be inclusive and welcoming of all people of good will. Our activities and facilities will be inclusive, accessible, and available to the diverse worldwide community we serve.

### **YMCA of the Rockies Core Values**

CCO programs focus on our core values of Caring, Honesty, Respect, Responsibility, and Faith.

### **Camp Chief Ouray History**

Founded in 1908 by the Denver YMCA, Camp Chief Ouray was originally built on a site located near Lake Granby. In 1979, the camp was incorporated into the YMCA of the Rockies and moved to its present site. The first summer session at our present site was in 1980 and we celebrated 110 years in 2018. Camp Chief Ouray is dedicated to helping youth grow in spirit, mind and body!

### **Accreditation and Licensure**

Camp Chief Ouray is accredited by the American Camp Association (ACA) and is visited regularly to assure compliance with the ACA standards.

We are also licensed by the State of Colorado Department of Social Services and are visited every year by their representative for license renewal.

CCO is an Accredited Youth Program and non-profit partner with Leave No Trace, Inc. (LNT), an organization dedicated to outdoor ethics. By promoting the 7 Principles of Leave No Trace alongside the Core Values of the YMCA, Camp Chief Ouray can ensure that camp stays beautiful and fun for future generations. We instill Leave No Trace ethics in all parts of camp, from our dining hall to our backcountry trips. We believe that every child deserves a high-quality and nature-filled camp experience.

## **Staff**

Camp Chief Ouray is staffed with a year-round Camp Executive, Summer Camp Director, Leadership & Trips Director, and Business Manager. They are joined on a seasonal basis by qualified, passionate, and responsible staff, minimum age of 18, to fill many important roles in cabin counseling and specialist positions.

Camp Chief Ouray understands the importance of positive role models for today's young people. We carefully recruit, select, and maintain staff for their enthusiasm, maturity, skills, and ability to display our core values for our campers. Staff members are chosen through a detailed application and interview process. All staff backgrounds are checked against the Central Registry for Crimes Against Children and the Colorado or Federal Bureau of Investigation in accordance with Colorado licensing requirements.

Each staff member undergoes an extensive and professional training program together in preparation for our campers' arrival. We emphasize group dynamics, child development, hands-on teaching methods, outdoor living skills, and safety and health including certification training in First Aid, CPR and Wilderness First Aid.

We also work with our insurance provider to focus in on Child Abuse Prevention training, and YMCA of the Rockies is certified through Praesidium, which is an organization that ensures our policies pertaining to child abuse prevention are not only written, but practiced daily for the safety of our participants.

## **Scholarships**

In keeping with our Mission Statement, Camp Chief Ouray is open to all children regardless of race, color, religion, national origin, age, sex, gender identity, or ability to pay.

Camp Chief Ouray's programs strive to create an environment that not only allow children a fun week in a beautiful mountain setting, but also help children develop important life skills such as confidence, independence, teamwork, perseverance and empathy. Furthermore, our programs foster an environment where children can succeed in groups by learning the value of getting along with others who are different from themselves. Children are granted this all-important opportunity to unite with peers while experiencing nature at its finest.

Camp Chief Ouray offers scholarships with the hope that no child will miss the chance to spend a terrific summer building memories, meeting new friends, and learning from new experiences.

These scholarships are made possible through the generous donations of many caring people. We invite you to be a part of spreading camp magic to those who could not otherwise afford it. Your monetary donation, of any size, can really make a difference! Contact the camp office to learn more about donating to our Campfire Circle Scholarship Program.

## **Wish List**

Camp Chief Ouray appreciates donations of any of the following items that could enhance our program or facility:

- Yard games
- Musical instruments
- Books (all ages)
- Arts & crafts supplies
- Day backpacks/book bags
- Newer internal frame backpacks
- Costumes & clothing for dress up
- Horseback riding boots
- Western saddles and tack in good condition
- Tools (hammers, saws, pliers, etc.)
- Lightly used sports equipment (balls, soccer goals, etc.)
- Fishing equipment (in good repair)

## **HOW TO GET TO CAMP CHIEF OURAY**

*Please note that using our physical address for GPS locaters or web tools may not give you the most accurate directions. Camp Chief Ouray is located on the 5,100-acre Snow Mountain Ranch (elevation 8,750 feet above sea level) approximately 80 miles or 1.5 hours northwest of Denver, Colorado.*

### **Directions to Camp Chief Ouray from Denver:**

Take I-70 West to Exit 232 (road signs will read Winter Park, Granby Ranch, Granby, Rocky Mountain National Park). Take exit 232 onto Highway 40 over Berthoud Pass. After Berthoud Pass, continue driving west on Highway 40 through Winter Park, Fraser and Tabernash. Four miles west of Tabernash turn left off of Highway 40 into the YMCA Snow Mountain Ranch property. Proceed 2 miles to the rear of the ranch grounds and turn right at the Camp Chief Ouray sign. This road will lead you to the center of camp!

### **Directions to Camp Chief Ouray from Boulder: (3 options)**

1. Take either Highway 36 east from Boulder to I-70 West in Denver and follow the above-mentioned directions
2. Take Highway 93 from Boulder to Golden. At the stoplight in Golden at Junction 6 turn right onto Highway 6 West; stay on Highway 6 to I-70 West; follow remaining directions from above.
3. (Summer only) The scenic way! Go through Estes Park and access Trail Ridge Road (Highway 34) through Rocky Mountain National Park. Stay on Highway 34 when you exit the Park until you reach the Highway 40 junction sign about 18 miles from Park exit. Turn left or east onto Highway 40 through the town of Granby. Proceed approximately eight miles and turn right onto Snow Mountain Ranch property; follow the remaining instructions from above. (Plan on a 2-3 hour drive from the Front Range area taking Trail Ridge Road)

## **FINANCIALS**

### **Payment Policy**

Your financial statement can be found on your CampInTouch Account under the Financial Management tab. This will indicate your base camp fee, session number and dates, requested transportation, any additional options such as the beginner trail ride, rafting and high ropes course, any appropriate discounts, and deposits. If there are errors, please contact the office.

All payments are required to be in the camp office by 30 days prior to arriving at camp. Camp Chief Ouray reserves the right to cancel any registration if balance due is not received by 30 days prior to the start of the program. Most forms and payments are completed online in your CampInTouch account. *We strongly suggest that you make a copy of all forms and checks mailed to the Camp Chief Ouray office.*

### **Refund Policy**

As we look into summer 2022, we realize that the guidance from the State Department of Health is not set for 2022. We want to give you peace of mind that we will work with our families during these times.

- Deposits are required for registration into programs at Camp Chief Ouray. \$100 per week of the program which guarantees a spot in summer 2022.
- Programs which ask for applications are not charged deposits until all steps are completed and the camper is accepted into the program.

## Refund Policy (continued)

### Cancellations

- If we are required to limit or cancel sessions per Colorado Department of Health or Grand County Public Health, you may roll over, donate, or be fully refunded all monies paid.
- If camp has to cancel a session due to an outbreak, you may roll over, donate, or be fully refunded all monies paid.
- If a family decides to cancel their registration:
  - 30 days or more prior to your camp session, you may roll over, donate, or be fully refunded all monies paid.
  - Less than 30 days prior of your camp session, you may roll over, donate, or be refunded fees paid minus deposit.

### In Case of Sickness Prior to Camp Session

- In order to keep other campers and staff safe, we want you to stay home.
- Call the camp office to be put in touch with the RN at camp (starting June 5, prior to June 5 we would need a doctor's note giving clearance to be at camp).
  - 970-887-2648
  - *Can you move to a later session?* You will be called from the office with potential dates.
  - *Can we look into 2023?* You may roll over, donate, or be refunded all monies paid with doctor's note.

### In Case of Sickness During Camp

- Family/Emergency Contacts for the cohort will be asked to pick up their camper.
- Fees may be pro-rated for the week in attendance, rolled over, or donated.

## **CAMP FORMS**

There are several MANDATORY camp forms you will find in your [CampInTouch account](#) (<https://campchiefouray.campintouch.com/v2/login/login.aspx>) Please be sure to have the following forms completed as soon as possible and no later than 30 days prior to your camper's arrival to camp. These forms will be saved electronically and not in hard copy format.

### **Physician's Examination (upload pdf)**

It is essential that this form be completed and returned to the camp office 30 days prior to your camper's session. This form is available on your CampInTouch account. We encourage you to upload it but if that is not possible email or fax it to the office. This information will be saved electronically and not in hard copy format.

The health needs of our campers are diverse, ever-changing, and demanding. Having health forms in hand prior to your camper's arrival for thorough review by our health care staff is critical. **Colorado state law requires each camper to have a physical within 12 months of your camper's last day at camp.** The physical form must be completed, signed and dated by a licensed physician, P.A. or nurse practitioner including the examiner's address and telephone number or by state law the camper cannot attend camp.

## Camp Forms – Physician’s Examination (continued)

### Medications and Homeopathic Treatments

- Colorado state law stipulates that only medications prescribed by your health care provider may be dispensed at camp. The medication section acts the same as a prescription when completed properly by your provider. This does mean that your physician, P.A., or nurse practitioner must complete this section in the same manner that he/she would write a prescription. Make certain that the lower Doctor’s signature section is entirely completed, signed and dated. Please read further information listed below regarding your camper’s medications:
  - a) **Any medications** your camper takes, including but not limited to, any maintenance medications; behavioral disorder medications; antibiotics; herbal/homeopathic medicines; vitamins; eye/ear drops; inhalers; epinephrine “epi” pens, etc. must be listed (including dosage) on the Physician’s Exam. Any prescribed medication or non-prescription, over-the-counter medication **MUST** be noted properly in the Physician’s Exam. Please send all medications to camp in their original container noting the RX number and physician name.
  - b) **Medications added or changed after exam:** For any medication prescribed or changed for your camper after their exam, you will need to bring the medication in the original pharmacy container noting the RX number and physician name. If this is not possible, you or your health care provider will need to provide us with a prescription.
  - c) **Over the counter (OTC)** medications for the common cold, stomach ailments, headaches, cuts and abrasions are stocked in our Health Center and administered by our Health Center staff according to our camp physician’s standing orders. Call the camp office if you need more specific information.
  - d) **Homeopathic Treatments:** per Colorado State Law regarding Resident Camps, homeopathic treatments must come with parental and physician consent in the original container.
  - e) **All medications and homeopathic treatments are required to be turned in to the Health Center staff at check-in.** The only exceptions are inhalers and epi pens which Health Center Staff must be informed of and can be carried by the camper.

### Immunization Record (upload pdf)

Childcare Licensing requires camper’s immunization record be on the provided [Colorado Department of Public Health & Environment Certificate of Immunization](#) form even for out of state campers. Dates may be written on the form provided in your CampInTouch account or a copy of your camper’s official record may be uploaded.

### Healthcare Authorization (upload pdf)

This form would accompany your camper to the medical center, giving permission and insurance information. Please attach a copy of both sides of your insurance card to this form. Make sure you sign and date the bottom. We have a limited coverage camper health insurance policy for campers without insurance. We will file with our carrier to cover any expenses up to the limits of the policy. This policy is of no cost to you.

### Health History (submit electronically)

This form is required by Childcare Licensing.

### Camper/Guardian Agreement (submit electronically)

This form must be completed by campers and parents. This establishes expectations of conduct while participating in our programs. CCO has a zero tolerance for bullying.

### **Information for Counselors (submit electronically)**

This is a “fill in the blank and submit” form that is given to your camper’s counselors before they arrive. Please give the counselors as much information as possible to make your camper’s experience the best it can be.

### **Rafting Waivers (upload pdf)**

Campers participating in the one-day rafting trip on Thursday **MUST** have the Mad Adventures Rafting Agreement completed and signed by both the participant and a guardian. This includes Counselor-in-Training participants. Campers doing overnight rafting including Adventure Rafting and Specialist-in-Training programs **MUST** have the Colorado River Center Waiver completed and signed.

### **HEALTH AND SAFETY AT CAMP**

Our program is designed with camper health and safety in mind. We have a well-equipped Health Center on camp grounds with a resident nurse in charge of medications and first-aid needs.

### **Health Care Facilities and Staff**

Our health care staff are seasonal and reside in the Health Center during each camp season between the last week in May through Labor Day (until the camp season ends). They may be contacted during this time. The year-round administrative staff can make notations regarding specific health needs for your camper’s records during the remainder of the year.

Parents are contacted by our health care staff if a camper's illness or injury requires treatment by the camp's clinic physicians or the camper is retained in our Health Center for a period of 24 hours. Our resident camp nurse will be in communication with both the clinic and parents regarding the diagnosis, any necessary medications, and after care treatment. Camp staff will communicate with parents if other issues come up during the session.

Middle Park Medical Center is 15 minutes away from camp and utilized for emergency services. It offers 24-hour care and consultation. The Middle Park Medical Center is fully staffed 24 hours a day. Transportation to and from the clinic is provided by our camp travel staff for non-emergency trips. Ambulance service is provided by Grand County EMS services for emergencies. A staff member will be with your camper at all times during their transport and throughout their entire clinic visit.

- Your camper usually is seen through the emergency room portion of Middle Park Medical Center. The clinic portion cannot always schedule appointments for our campers. The only exception is for any type of maintenance injections such as allergy shots. If your camper requires this type of medical treatment, please call the camp office.

### **Clinic Billing Procedures**

The following are the clinic billing procedures should your camper need emergency services provided outside of the CCO health care team:

- Your insurance company will be directly billed by the clinic. As the primary provider, you will receive statements. It is **your responsibility** to get payment to the clinic according to their terms. If your camper is seen in the emergency room, you will receive a physician’s fee statement and an emergency room fee statement separately. If seen in the clinic portion, all procedures are on one statement. If ambulance transportation was provided, a separate fee statement for the Grand County EMS will be mailed to you. Fees charged will vary depending upon the medical services provided. **Emergency room fees are substantially higher than the clinic fees.**



## **Clinic Billing Procedures (continued)**

- In non-emergency cases, you may wish to take your camper home. You are welcome to discuss this option with our camp nurse.
- Pharmacy services will be provided by the local City Market Pharmacy. If your camper requires prescribed medication, the pharmacy staff will bill your insurance directly whenever possible. If the pharmacy cannot bill your insurance company, the prescription cost for your camper will be charged to the Camp Chief Ouray account. The RX receipts for individual charges will be mailed to you. We request re-imbusement payment upon receipt (checks payable to Camp Chief Ouray).

## **Health Care on Check-In Day**

*For the most up to date information regarding Check In, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>*

Make sure your camper's Health History, Physician's Exam, Immunization Record and Healthcare Authorization are completed in your CampInTouch account prior to check-in.

All campers will receive a health screening. This consists of, but not necessarily limited to; a lice check, temperature check, and questions regarding your camper's current health condition.

All medications and homeopathic treatments brought to camp must be turned in to the Health Center staff in the original container at check-in. The only exceptions allowed by Colorado state law are an inhaler and an epinephrine pen, which will be decided by the nurse.

## **Health Care During Camp**

Camp Chief Ouray will supply all necessary over-the-counter medications for common ailments and illnesses per standing orders from our camp physician. Medications and homeopathic treatments are dispensed by our Health Center nursing staff or specially trained staff at the Health Center daily after breakfast, lunch, dinner, and before evening vespers.

Our Nurse will call home if there is a fever of over 100 degrees, vomiting associated with other symptoms, more than two episodes of diarrhea, head or spinal cord injuries, or a stay in the health center for more than 24 hours. For additional COVID-19 related protocols, visit our website.

If a camper confides in our staff the intent to do self-harm, our protocols require us to call mental health services in the county to get professional support, which may result in a trip to the Emergency Room. Per our protocols, camp staff are not allowed to transport in these situations, it would either be the Grand County Emergency Medical Services or the Grand County Sheriff and camp staff would accompany the camper in both situations. Any calls home in this situation would come from Mental Health Services and the licensed provider.

Health and safety procedures for Adventure/Trekker Trips and Leadership Training Programs are as follows:

- Staff members are trained in Wilderness First Aid or Wilderness First Responder, and carry a first aid kit on all trips.
- Staff are trained in evacuation procedures and equipped with maps that identify closest ranger stations.
- Staff members carry a GPS Spot Detector with messaging capabilities to contact the camp office and emerging personnel.
- If staff members are unable to tend to an emergency, 911 is called.

For our wilderness evacuation procedures, please contact the Camp Chief Ouray office.

## **Health Care on Check-Out Day**

For the most up to date information regarding Check Out, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>

Parents will pick up any medications your camper brought from the Health Center Staff. Campers traveling home by air or bus are to have their medications returned to them for their trip home.

## **Colorado Child Care Services**

Child care services play an important role in supporting families, and strong families are the basis of a thriving community. Your camper's education, physical, emotional, and social development will be nurtured in a well-planned and well-run program. We require all campers and families to sign off on a behavior expectation agreement before attending camp, which can be found in your forms on your CampInTouch account.

Most licensed facilities make every effort to provide a safe and healthy environment for children. Unfortunately, on rare occasion, an incident of physical or sexual abuse may occur. If you believe that your camper has been abused, you should seek immediate assistance from the county Department of Social Services. The telephone number to report child abuse in Grand County is 970-725-3331.

For additional information regarding licensing or if you have concerns about a child care facility, please consult the Colorado Division of Child Care at 1575 Sherman Street, Denver, Colorado 80203-1714, 303-866-5858.

## **PACKING LISTS**

For the most up to date packing lists, visit our Packing Lists webpage at <https://campchiefouray.org/parents/camp-paperwork/>

### **Tips as you are packing:**

- Clearly mark everything with your camper's name, not just initials!
- Our temperatures usually reach 75°F to 80°F in the daytime all summer and drop to 25°F-40°F at night.
- Space is limited in the cabins, please do not over pack.

### **Essential Items:**

- One face mask for each day of camp session (must be at least a two-layer face mask that covers the nose, mouth, and chin)
- Sleeping bag (lightweight but warm with a rating of *15-20 degrees*; filled with synthetic fibers or down, cotton is not advised).
- Pillow
- Sleeping pad (thin roll-up pad for camp-out night)
- Day pack (book/school pack size) with:
  - 2 water bottles (screw top lids that don't leak-such as Nalgene brand)  
CCO water bottles available for purchase at Check-in
  - rain gear (poncho or coat/pants combination)
  - sweat pants or wind pants
  - medium weight jacket (warm-long sleeved fleece works well)
  - stocking cap, gloves
  - sunscreen (with camper's name written on it)

## **Do NOT Bring These Items to Camp**

We strive to offer children a unique outdoor experience, unplugged from electronics as much as possible. Please help support us in this mission by *not allowing campers to bring* cell phones, MP3 players, iPods, iPads or electronic games as they detract from the experience.

The following items are prohibited to be brought by campers: alcohol, tobacco, drugs, weapons, snacks, candy, soda, expensive items, money, sports equipment, or pets. Campers are not allowed to have food in their cabin, we don't want to attract animals and wildlife.

We realize in this age of instant connectivity that it may be uncomfortable if your camper does not have their cell phone with them. We ask that if you need to contact your camper to please call the camp office and we will discuss the best way to connect you with your camper. We strive to have the kids disconnect electronically so they can not only reconnect with nature but also with themselves. Check out this Ted Talk on the value of disconnecting while at camp:

<https://www.youtube.com/watch?v=4rI3olRHxP4>

## **LAUNDRY**

There is no laundry for one or two-week campers except in cases where an item is needed. For those campers who are staying more than two weeks' laundry service will be offered and we supply all laundry detergent. Each camper's clothing is placed in an individual mesh bag and washed in cold water and dried. Sometimes these bags break open; make certain ALL of your camper's clothing is well marked so we may return all items to your camper should this occur.

**Camp Chief Ouray is not responsible for lost or damaged items.**

## **CAMP STORE**

The camp store is only open during check-in and check-out. Items such as Nalgene water bottles, bandanas, sunglasses, etc. will be available for purchase. We do not have a store or snack shop open during camp. Camp fees include all meals and daily snacks, a camp t-shirt, and a digital camp photo.

## **CAMP CHECK-IN**

*For the most up to date information regarding Check In, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>*

**Check-in Sunday:** returning "alumni" campers check-in between 2:00 and 3:00 p.m. New campers check-in between 3:00 and 4:00 p.m. PLEASE DO NOT ARRIVE ANY EARLIER THAN 2:00 p.m. We need the time prior to 2:00 to properly prepare for your camper's arrival. We ask that you arrive no later than 4:00 p.m., and ask you call the camp office if you will be late. The first meal served to all campers is dinner at 6:00 p.m.

**ALL campers are required to check-in.** Upon arrival in the camp parking lot, proceed to the check-in tables located inside the upper level of the main camp building. Our check-in includes receiving the camper's cabin assignment and as required by Colorado State Child Care Licensing a health screening including a temperature and lice check (we will need to access each camper's scalp in order to conduct the lice check properly). Any campers arriving with medications or homeopathic treatments need to be prepared to hand them over to the Health Center staff in their original containers.

You may hand over heavy luggage to our crew who will tag and deliver heavy items to far away cabins. Campers will take their sleeping bag, pillow and daypack with them to the cabin to set up their bunk bed.

We make every effort to make this check-in as efficient as possible, but you should plan on spending approximately 30-60 minutes at check-in.

We do ask that you plan to say good-bye by 4:00 p.m., as most children will be at camp by that time, and the cabin groups will begin their camp tours and relationship building activities.

### **CABIN ASSIGNMENTS & CAMP LIFE**

All campers will be living in cabin groups with campers of their same age or grade and gender identity. The youngest campers will live in dormitory-style lodges, with bathrooms in these buildings. The youngest age depends on the campers registered for that session of camp. Because registration is first come first served, there is no guarantee of being placed in either a lodge or a cabin.

### **Cabin Assignments & Camp Life**

The older campers will live in eighteen rustic cabins (nine for those who identify as male/nine for those who identify as female). There are two centrally located toilet/shower facilities, one designated for those who identify as male; one designated for those who identify as female. Responsibility for the cleanliness and basic up-keep of the cabins and bathroom facilities is divided between the cabins. The cabin unit is our basic and most important group at camp; they play, work and eat together the whole week. Here your camper will learn about the "give and take" of group living, understanding others and making new friends.

It is our belief that each camper will have a significantly better camp experience by **not** requesting a cabin-mate. Our counselors are trained to build cabin unity and make each camper feel welcome from the moment the session begins. This encourages our campers to expand their comfort zone and make new friends while at camp. However, we do recognize that going to camp with a friend may make the adjustment process easier for some campers.

- Two-week campers cannot request one-week campers due to the time-line of the programs
- Challenger campers are automatically put together in the larger Dakota or Teton cabins
- Traditional campers age 7-12 may make **one** cabin-mate request.
  1. Cabin-mates must be no more than 12 months apart in age
  2. Also, the cabin-mate request must be mutual between campers
  3. Requesting more than one cabin-mate may void any request
  4. We do not guarantee placement

Go to your CampInTouch account and then "Forms and Documents" and then "Bunk Request" to complete a cabin-mate request.

### **Meals**

*For the most up to date information regarding Meals, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>*

Meals may look different during Summer 2022 due to COVID-19. What remains the same is our well-balanced, varied menu being served and our vegetarian menu is available. **Special restricted dietary needs should be documented in the camper's online Health History and on the Physician's Exam.** Campers will share in the responsibility for post-meal clean-up. Each cabin is supervised by its counselors at meals.

**Possible Camp Activities:** *Modifications will be made to ensure safety given COVID-19*

Archery	Climbing Wall & Rocks	Ceramics
Riflery	Gaga Ball & Carpet Ball	Dance
Outdoor Survival	Campfire Cooking	Drama
Birding	Ukuleles	Sports & Games
Mad Science	Fishing	Arts & Crafts
Low Ropes Course	Swimming	Dinner over a Fire
Canoeing	Camp-out Night	Hiking
Camp Dance & Carnival	Talent Show	Campfire

**ADDITIONAL OPTIONS**

These Additional Options fill up, don't wait until check-in day to add them. There is an additional fee for the following options. There may be changes and modifications due to COVID-19, which we will communicate with families and campers before their session. *For the most up to date information regarding Additional Options, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>*

**Rafting (ages 9 and older) \$80.00**

Those children going on the one-day rafting trip will be on the Gore Canyon stretch of the Colorado River near Kremmling, Colorado. This trip is offered through an experienced and licensed guide-outfitter. Their staff members are certified in First Aid and CPR and are skilled in whitewater rescue techniques. Their rafts are manned with a licensed guide and camp staff member along with campers. U.S. Coast Guard approved life vests and a paddle are provided for campers and staff, along with a safety orientation. A waiver is required and can be found in your CampInTouch account.

**High Ropes Course & Zip Line (ages 12 and older) \$70.00**

Campers will discover their inner strengths and increase self-esteem by participating in this exciting program. Campers work to develop trust in themselves and others as they climb to new heights on our high ropes course. This Additional Activity takes a half-day. Due to safety precautions, the High Ropes Course activity may be canceled with inclement weather conditions (usually in the case of heavy rain or lightning) and will not be able to be rescheduled. Our ropes staff are belay certified and receive additional training and safety orientation.

**Horseback Riding Instruction (all ages) \$265.00**

Within each camp session of Horseback Riding Instruction there are 4 different levels according to ability and experience. When registering for camp, if you do not know what level to sign your camper up for, please contact the camp office. Campers will spend 2 hours out of their day at the stable and rotate through traditional camp programs with their cabin mates the rest of the day. Please note that if you have registered for both horseback riding instruction and rafting, your camper will miss a full session at the stables because they will be on the river all day Thursday. Those campers invited to participate in the High Rider level will be in their riding class for all activity periods and will not rotate into other daytime activities.

**Beginner Trail Ride (all ages) \$40.00**

This is a one-time, 30-minute horseback trail ride perfectly suited for the camper who has not been in riding instruction all week but would like a simple trail ride. Rides will be canceled for safety reasons such as heavy rain and/or lightning.

**Weekend – Between One-Week Sessions (ages 13 & up) \$100.00**

Teens registered for more than one session are welcome to stay at camp between certain sessions.

## **CAMPER COMMUNICATION**

To reduce touch points, please do not mail or bring packages to camp. Instead, you can send a one-way email to your camper and they will receive a printed copy in their mail. We print them at 11:00 am and they receive them right after lunch. (So, don't send any after 11:00am MT on Friday). This is found on your CampInTouch account under "Email". There is a nominal fee for this service. However, a portion of these fees go to the Camp Chief Ouray Scholarship Fund.

The Camp Chief Ouray Office number is 970-887-2648. In an emergency situation after hours, dial 970-887-2152 and press "0" for the 24-hour operator.

## **Missing Home**

Please help us with our request that your camper not bring their cell phone to camp. Additionally, please do not tell your camper to call you if they are homesick! We understand that for many parents (if not all), it is an expectation to have instant access to communicate with their camper. We ask that you help us help your camper develop the independence that comes with a session of camp. Our staff are trained to help build relationships and overcome homesickness. We will contact you if we need support on any camper concerns. You may call the office any time if you need to speak with your camper and we will work with you on the best way to connect with your camper. For campers traveling before and after camp, please allow us to store their cell phones in the camp office safe during their stay.

## **DISCIPLINE**

It is the responsibility of the YMCA to insure each person's right to achieve our goals within the camp setting. In order to do so, the YMCA requests the understanding and application of this proactive disciplinary policy.

1. Every person has the right to be safe and healthy within their environment, including freedom from verbal, physical and mental abuse (bullying).
2. Every person has the right to an opinion, and to be heard in a constructive and positive manner.
3. Every person has the right to be respected and treated fairly in a civilized manner.
4. The YMCA staff will do their best to redirect any negative behavior and resolve any issues to achieve a positive outcome for all involved. Parents will be notified immediately if issues arise regarding camper behavior. If positive outcomes cannot be achieved, the YMCA reserves the right to suspend or terminate the camper from our program. Camp fees will not be refunded nor credited for behavioral dismissal.

## **Discipline Action Progression/Consequences**

We have high but reasonable expectations about our camper's behavior. If a child's behavior becomes disruptive enough to disturb the experience of other campers, a decision may be made to remove the camper from our program. In keeping with our 'for all' focus and ensuring the physical, emotional and psychological safety of all our campers and staff, racism or any use of derogatory terms against any person will not be tolerated.

Should a camper choose to repeatedly misbehave, the following action steps may be taken.

1. Verbal warning
2. Time out (in relation to child's age)
3. Second time out/note to parent (staff member/counselor will discuss behavior with parent at pickup)
4. Meeting between camper, counselor, camp director: parent/guardian called. Behavior contract created outlining acceptable/unacceptable behavior, alternative positive behaviors, and consequences.

## **Discipline Action Progression/Consequences (continued)**

5. Meeting with camper, counselor, camp director, parent/guardian: camper dismissed from camp for the remainder of the camp session
6. Suspension from camp (time frame indefinite; TBD based on safety of other children and positive behavior changes)

Those who do not comply will be sent home at parents' expense and with no refund.

## **LOST AND FOUND**

Camp Chief Ouray is not responsible for lost items. We will do all that we can to ensure that your camper returns with all of the items brought to camp. **Please be sure to mark ALL of your camper's belongings with their full name (not just initials).** Be sure to send only older, non-valuable items with your camper. Due to limited storage, CCO will only keep unclaimed items for one week at which time they will be donated to charity.

## **CAMP CHECK-OUT**

*For the most up to date information regarding Check-out, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>*

All sessions end on **Saturday morning** (except Mini Camp); **you are required to show your ID and sign out your camper(s).** We will **open the gates at 10:00 a.m.** If someone other than the parents/guardians listed on registration will be picking up your camper please make sure you listed their legal name on the "Allowed to pick up" section of your registration.

Early pick-ups must be done before 7:00 pm Friday night. **Please call the office (970-887-2648) to arrange early pick-ups!** If your camper is leaving camp by alternate transportation, please see the "Bus Transportation" and Airport Transportation" sections below for detailed information.

## **BUS TRANSPORTATION (\$30 each way)**

*For the most up to date information regarding Bus Transportation, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>*

Bus transportation is offered on the opening and closing day of each session from **Exit 259 (Golden/Morrison) on I-70 the Hogback Jurassic Park-n-Ride Woolly Mammoth Lot, row HH.**

On opening day, **SUNDAY**, check-in for the bus begins at 11:30 a.m. and the bus leaves Exit 259 at 12:00 p.m. (noon).

On closing day, **SATURDAY**, the bus arrives at Exit 259 between 12:15 and 12:30 p.m. A staff member always accompanies the campers on the bus. The camp office will contact you if any changes to bus transportation times and location occur. Please call the office within 10-days of your camper's arrival with changes, additions, or cancellations of bus services.

## **AIRPORT TRANSPORTATION (\$80 each way)**

Detailed flight information for your camper must be into the office 10-days prior to your camper's arrival. It is a requirement that all parents of campers arriving and or departing through Denver International Airport (DIA) call the camp office one week prior to your camper's flights to confirm flight information, any changes and final instructions. *For the most up to date information regarding Airport Transportation, visit our COVID-19 information webpage at <https://campchiefouray.org/covid-and-cco/>*

## **Airport Transportation (continued)**

- Campers MUST have a photo I.D and a ticket (MUST carry copy of e-ticket if not a paper ticket).
- Campers are to use their "Day Pack" as described on the Packing List as their carry on. Any money, identification, tickets, cell phone, medications, or paperwork must be in this carry on. Limit checked luggage to only one piece and your sleeping bag/gear as a second piece.
- Time spent in DIA will vary widely depending upon flight changes and delays. DIA is a 2 ½ hr. drive to/from camp. Expect a long day!
- You MUST pay the unaccompanied minor fee for both arrivals/departures in advance if your camper is 12 or under for us to accompany your camper to and from their arrival/departure gates. If your airline allows an exception to the age limit for this service, notify our office.
- Your camper is to give their cell phone to our staff upon arrival to be stored in the office safe. Medications will be turned into the camp nurse.

## **Airport Arrivals**

**Campers arriving at DIA should arrive between 10:00 a.m. & 2:00 p.m. Mountain Time on the day your session begins.** Our staff can ONLY accompany your camper to and from their arrival/departure gates if they are 12 and under and you have paid the round trip accompanied minor fee. CCO Staff are only allowed to meet campers who have not paid for accompanied minor at the top of the escalator on LEVEL 5 (Baggage Claim Level). **Directions are as follows:** Upon leaving the plane at the gate in DIA, follow the electronic signs overhead to "Baggage Claim/Terminal" along Concourse A, B or C to the escalator going down to the Train Level. The train will take you to the baggage claim and main terminal. De-board the train at the prompt, "Baggage Claim / Terminal". Proceed up the escalator to Level 5. Remain here (do not proceed alone to luggage carousels) and our staff member with staff shirt, nametag, and I.D. will be at the designated pick up location at the top of the escalator, greet your camper and proceed to baggage claim.

## **Airport Departures**

All campers departing by plane will leave camp on Saturday morning. **All departure flights should be between 12:00 p.m. & 3:00 p.m. Mountain Time Saturday.** Our staff will accompany your camper to the airline check-in counter and if your camper is 12 and under our staff will accompany your camper to their gate until they board their flight. For campers over 12, our staff will accompany your camper to the check-in counter and remain with them until they proceed to the main security area. Campers who will not be accompanied proceed through the main security area and down the escalator to the train and board at the prompt. They will de-board the train on the appropriate concourse by following the train's voice prompt and continue to their departure gate. Departure gates are clearly marked. There are arrival/departure screens on each concourse that your unaccompanied camper should check and make certain that their gate assignment and departure time received at their airline check-in counter is still correct.